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IMPORTANT INFORMATION ABOUT LEAD IN YOUR DRINKING WATER

Leisure Arms Complex found elevated levels of lead in drinking water in some homes/buildings. Lead can cause serious health problems, especially for pregnant women and children. Contact us at 609-861-7000 to obtain a translated copy of the public education materials or to request assistance in the appropriate language.

Leisure Arms Complex found elevated levels of lead in drinking water in some homes/buildings. This means that some water samples collected from customers' taps exceeded the lead action level of 15 parts per billion (ppb) from 06/01/2023-09/30/2023 and this information is required to be sent because Leisure Arms Complex has a lead action level exceedance. The action level is the concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow. An action level exceedance is determined by measuring the highest concentration of lead in tap water that is exceeded by 10 percent of the sites sampled during a monitoring period (referred to as the "90th percentile"). If water from the tap does exceed the lead action level, then the water system must take certain steps to correct the problem. Lead can cause serious health problems, especially for pregnant women and young children. Please read this information closely and in its entirety to see what you can do to reduce lead in your drinking water.

Landlords must distribute this information to every tenant as soon as practicable, but no later than three business days after receipt. Delivery must be done by hand, mail, or email, and by posting the information in a prominent location at the entrance of each rental premises, pursuant to section 3 of P.L. 2021, c. 82 (C.58:12A-12.4 et seq.).

Health Effects of Lead

Lead can cause serious health problems if too much enters your body from drinking water or other sources. It can cause damage to the brain and kidneys and can interfere with the production of red blood cells that carry oxygen to all parts of your body. The greatest risk of lead exposure is to infants, young children, and pregnant women. Scientists have linked the effects of lead on the brain with lowered IQ in children. Adults with kidney problems and high blood pressure can be affected by low levels of lead more than healthy adults. Lead is stored in the bones, and it can be released later in life. During pregnancy, the child receives lead from the mother's bones, which may affect brain development.

In other words, it is the fetus that is at risk because developing fetuses receive lead from the mother's bones. Children and fetuses absorb more lead into their bodies than adults and are more susceptible to its effects on brain development; however, most children with elevated blood lead levels do not exhibit any symptoms, but effects may appear later in life.

Sources of Lead

Lead is a common metal found in the environment. Drinking water is one possible source of lead

uses less than one gallon of water. For those with lead service lines or until you determine if you are served by one, let the water run from the tap longer based on the length of the lead service line and the plumbing configuration in your home. In other words, the larger the home or building and the greater the distance to the water main (in the street), the more water it will take to flush properly.

- 4. Use cold water for cooking and preparing baby formula. Because lead from lead-containing plumbing materials and pipes can dissolve into hot water more easily than cold water, never drink, cook, or prepare beverages including baby formula using hot water from the tap. If you have not had your water sampled or if you know or suspect you have a lead service line, it is recommended that bottled or filtered water be used for drinking and preparing baby formula. If you need hot water, draw water from the cold tap and then heat it.
- 5. Do not boil water to remove lead. Boiling water will not reduce lead.
- 6. **Use alternative sources or treatment of water.** If there is confirmed or suspected lead-containing materials, such as a lead service line and/or interior lead plumbing or lead solder, in your home or building, you may want to consider purchasing bottled water or a water filter. Be sure the filter is approved to reduce lead or contact NSF International at 1-800-NSF-8010 or www.nsf.org for information on performance standards for water filters. Be sure to maintain and replace a filter device in accordance with the manufacturer's recommendations.
- 7. Regularly remove and clean aerators/screens on plumbing fixtures. Over time, particles and sediment can collect in the aerator screen. Regularly remove and clean aerators screens located at the tip of faucets and remove any particles.
- 8. **Test your water for lead.** Call us at 609-861-7000 to find out how to get your water tested for lead. Testing is essential because you cannot see, taste, or smell lead in drinking water. We are contracted with a NJ certified laboratory to conduct all compliance sampling for Leisure Arms Complex, including lead and copper sampling.
- 9. **Get your child tested.** Contact your local health department or healthcare provider to find out how you can get your child tested for lead if you are concerned about lead exposure. Your family doctor or pediatrician can perform a blood test for lead and provide you with information about the health effects of lead. Wash your children's hands and toys often as they can come into contact with dirt and dust containing lead. New Jersey law requires that children be tested for lead in their blood at both 1 and 2 years of age (12 and 24 months), and before they are 6 years old if they have never been tested before or if they have been exposed to a known source of lead. You can find out more about how to get your child tested and how to pay for it at https://www.state.nj.us/health/childhoodlead/testing.shtml. Children 3 to 5 years of age should also be tested if they have not been tested before.

The steps described above will reduce the lead concentrations in your drinking water. However, if a water test indicates that the drinking water coming from your tap contains lead concentrations more than **15 ppb** after flushing, or after we have completed our actions to minimize lead levels, then you may want to take the following additional measures:

- 10. **Have an electrician check your wiring.** If grounding wires from the electrical system are attached to your pipes, corrosion may be greater. Check with a licensed electrician or your local electrical code to determine if your wiring can be grounded elsewhere. DO NOT attempt to change the wiring yourself because improper grounding can cause electrical shock and fire hazards.
- 11. Water softeners and reverse osmosis units will remove lead from water but can also make the